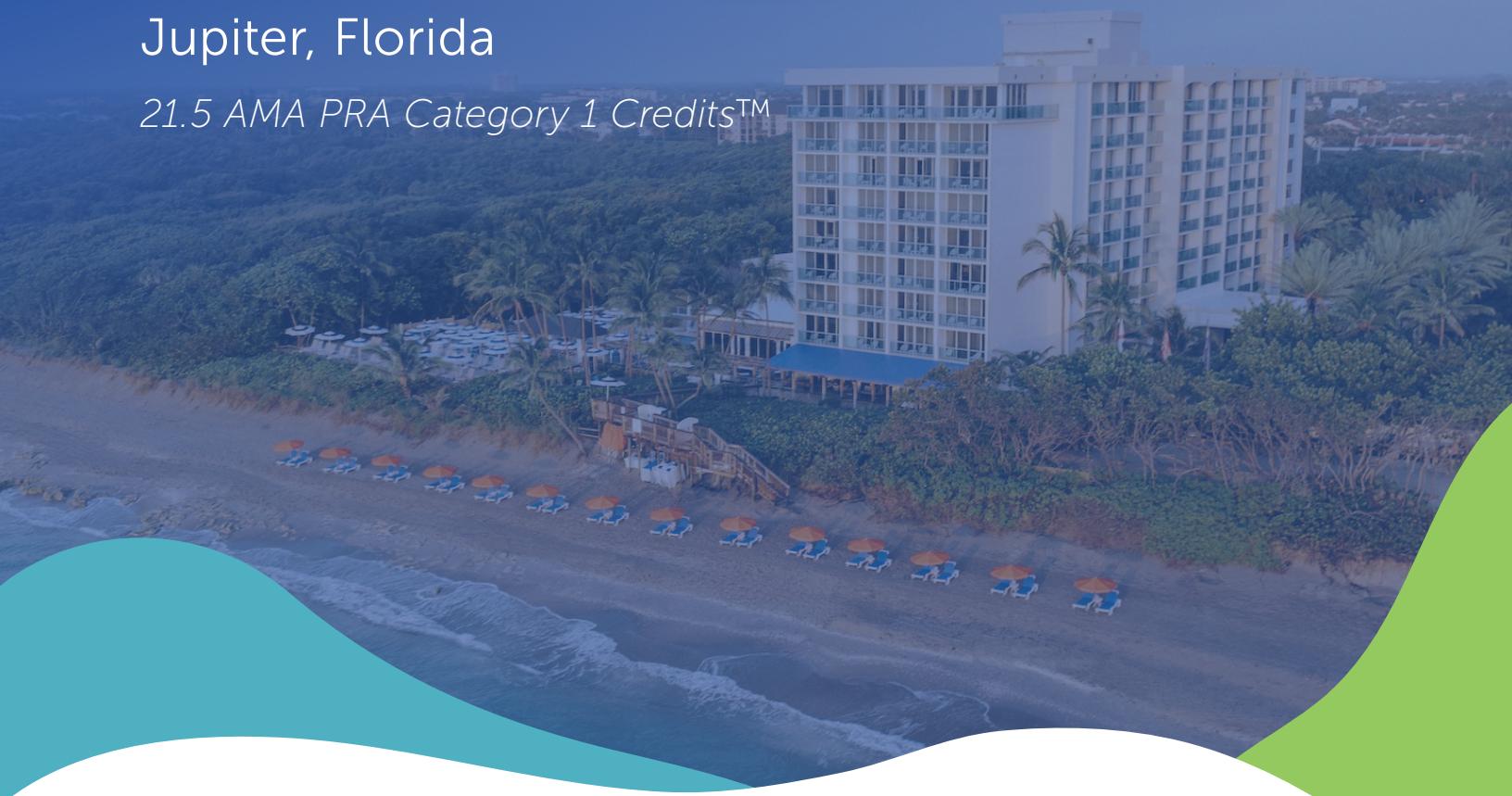


Contemporary Neurology 2026

January 17-20, 2026

Jupiter, Florida

21.5 AMA PRA Category 1 Credits™



Clinical
Neurological
Society of America

This activity is jointly provided by Medical Education Resources and the Clinical Neurological Society of America.

On behalf of the Clinical Neurological Society of America and scientific program committee, **welcome to Contemporary Neurology 2026!**



**Sarah Zallek, MD, FAAN,
FANA, FAASM, DipABLM**
Scientific Program Chair
CNSA President-Elect

We're delighted to welcome you to Contemporary Neurology 2026 – another outstanding program highlighting the latest advances in clinical neurology. Thanks to the dedication and vision of our scientific program committee, this year's agenda reflects the dynamic growth and innovation shaping neurological care.

As we gather once again, we celebrate CNSA's greatest strength: our community. It is the interconnected network of clinicians, researchers, medical students, and educators that defines our mission and strengthens our impact on the patients for which we care.

We extend our sincere gratitude to the sponsors and exhibitors of Contemporary Neurology 2026, whose support makes this exceptional educational experience possible.

We look forward to a year of meaningful learning, connection, and continued progress across our field!

Hospitality Suite

The hospitality suite is open to meeting attendees and their guests.

Friday

- 8:00 p.m. - 10:00 p.m.

Saturday, Sunday, Monday

- 9:00 p.m. - 11:00 p.m.

Location: **Room #0916**



Collect all exhibitor stamps for a chance to win a free night at the Jupiter Beach Resort & Spa.

Exhibit Hours

Location:
Amberjack, Bonita & Gallery/Foyer

Saturday

- 7:45 a.m. - 8:15 a.m.
- 9:45 a.m. - 10:15 a.m.
- 12:30 p.m. - 1:00 p.m.

Sunday

- 7:45 a.m. - 8:15 a.m.
- 9:45 a.m. - 10:15 a.m.
- 5:45 p.m. - 6:45 p.m.

Monday

- 7:45 a.m. - 8:15 a.m.
- 9:45 a.m. - 10:15 a.m.
- 12:30 p.m. - 1:00 p.m.

Scientific Program Committee



**Sarah Zallek, MD, FAAN,
FANA, FAASM, DipABLM**
Chair



**Amy E. Brown,
MD, MS**



**Ashley Ghiaseddin,
MD, FAAN**



**Kyle Ruffing,
MD, FAAN**

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CPNP, APRN**
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JupiterBeachResort_Conference

Password:
meeting1

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Use the hashtag **#CN2026**
in your social media posts.

Scientific Program & Agenda

Denotes CME accredited programming

Friday,
January
16

	START TIME	END TIME	SESSION	LOCATION	SPEAKERS
	6:00 p.m.	8:00 p.m.	Attendee Registration	Gallery/Foyer	
	6:00 p.m.	8:00 p.m.	Exhibitor Load In	Amberjack, Bonita & Gallery/Foyer	
	8:00 p.m.	10:00 p.m.	Hospitality Suite	Suite 0916	

Saturday,
January
17

	START TIME	END TIME	SESSION	LOCATION	SPEAKERS
	6:30 a.m.	8:15 a.m.	Attendee Registration	Gallery/Foyer	
	7:00 a.m.	7:30 a.m.	Exhibitor Load In	Amberjack, Bonita & Gallery/Foyer	
	7:00 a.m.	7:45 a.m.	Sponsored Lecture Breakfast Sponsored by Novartis	Pompano/ Dolphin/Sailfish	Elizabeth Nguyen, PharmD, MBA
	7:45 a.m.	8:15 a.m.	EXHIBIT HOURS	Amberjack, Bonita & Gallery/Foyer	
	8:15 a.m.	8:45 a.m.	Vestibular Neurology Update	Pompano/ Dolphin/Sailfish	Jorge Kattah, MD
	8:45 a.m.	9:15 a.m.	Stroke Prevention & Risk Stratification	Pompano/ Dolphin/Sailfish	José Biller, MD
	9:15 a.m.	9:45 a.m.	Panel Discussion: Vestibular and Vascular Neurology	Pompano/ Dolphin/Sailfish	Moderator: Sarah Zallek, MD, FAAN FANA, FAASM, DipABLM Panelists: José Biller, MD Jorge Kattah, MD
	9:45 a.m.	10:15 a.m.	BREAK	Amberjack, Bonita & Gallery/Foyer	
	9:45 a.m.	10:15 a.m.	EXHIBIT HOURS	Amberjack, Bonita & Gallery/Foyer	
	10:15 a.m.	11:00 a.m.	Updates in Neurocritical Care	Pompano/ Dolphin/Sailfish	Melissa Motta, MD, MPH
	11:00 a.m.	11:45 a.m.	Palliative Care in Neurology	Pompano/ Dolphin/Sailfish	Susan Hickenbottom, MD
	11:45 a.m.	12:30 p.m.	Clarity and Compassion in Communication	Pompano/ Dolphin/Sailfish	Sarah Zallek, MD, FAAN, FANA, FAASM, DipABLM
	12:30 p.m.	1:00 p.m.	Grab and Go Lunch	Amberjack, Bonita & Gallery/Foyer	

12:30 p.m.	1:00 p.m.	EXHIBIT HOURS	Amberjack, Bonita & Gallery/Foyer	
4:30 p.m.	5:30 p.m.	Meet the Professor Topic: Vascular Neurology	Suite 0916	José Biller, MD
9:00 p.m.	11:00 p.m.	Hospitality Suite	Suite 0916	

Sunday, January 18	START TIME	END TIME	SESSION	LOCATION	SPEAKERS
	6:30 a.m.	8:15 a.m.	Attendee Registration	Gallery/Foyer	
	7:45 a.m.	8:15 a.m.	EXHIBIT HOURS	Amberjack, Bonita & Gallery/Foyer	
	8:15 a.m.	8:45 a.m.	Myasthenia Gravis: The Evolving Therapeutic Landscape	Pompano/ Dolphin/Sailfish	Gil Wolfe, MD, FAAN
	8:45 a.m.	9:15 a.m.	Updates on the Diagnosis and Management of Acute Hepatic Porphyrias	Pompano/ Dolphin/Sailfish	Mohamed Kazamel, MD
	9:15 a.m.	9:45 a.m.	Taking the Mis- out of Misdiagnosis of CIDP	Pompano/ Dolphin/Sailfish	Karissa Gable, MD
	9:45 a.m.	10:15 a.m.	BREAK	Amberjack, Bonita & Gallery/Foyer	
	9:45 a.m.	10:15 a.m.	EXHIBIT HOURS	Amberjack, Bonita & Gallery/Foyer	
	10:15 a.m.	10:45 a.m.	Challenges in Diagnosis and Management of CIDP	Pompano/ Dolphin/Sailfish	Bassam Bassam, MD
	10:45 a.m.	11:15 a.m.	Tandem Repeats and Human Disease - Genetics, Phenotypes and Therapies	Pompano/ Dolphin/Sailfish	Sub Subramony, MD
	11:15 a.m.	11:45 a.m.	GLP-1 Agonists in Neurological Disease	Pompano/ Dolphin/Sailfish	Dane Chetkovich, MD, PhD
	11:45 a.m.	12:30 p.m.	Panel Discussion: Neuromuscular	Pompano/ Dolphin/Sailfish	Moderator: Sarah Zallek, MD, FAAN, FANA, FAASM, DipABLM Panelists: Bassam Bassam, MD Mohamed Kazamel, MD Kyle Ruffing, MD Sub Subramony, MD Gil Wolfe, MD, FAAN
	12:30 p.m.	1:15 p.m.	CNSA Membership Meeting	Pompano/ Dolphin/Sailfish	
	4:30 p.m.	5:30 p.m.	Meet the Professor Topic: GLP-1 Agonists	Suite 0916	Dane Chetkovich, MD, PhD

5:45 p.m.	6:45 p.m.	COCKTAIL HOUR IN EXHIBIT HALL	Amberjack, Bonita & Gallery/Foyer	
6:45 p.m.	8:15 p.m.	Neurology Trivia Dinner	Veranda & Terrace	Kyle Ruffing, MD, FAAN Sarah Zallek, MD, FAAN, FANA, FAASM, DipABLM
9:00 p.m.	11:00 p.m.	Hospitality Suite	Suite 0916	

Monday, January 19	START TIME	END TIME	SESSION	LOCATION	SPEAKERS
	6:30 a.m.	8:15 a.m.	Attendee Registration	Gallery/Foyer	
	7:00 a.m.	7:45 a.m.	Sponsored Lecture Breakfast Sponsored by Catalyst	Pompano/ Dolphin/Sailfish	Edward Smith, MD
	7:45 a.m.	8:15 a.m.	BREAK	Amberjack, Bonita & Gallery/Foyer	
	7:45 a.m.	8:15 a.m.	EXHIBIT HOURS	Amberjack, Bonita & Gallery/Foyer	
	8:15 a.m.	8:45 a.m.	Optimizing Parkinson's Symptomatic Management through Enhanced Drug Delivery	Pompano/ Dolphin/Sailfish	Alberto Espay, MD
	8:45 a.m.	9:15 a.m.	Optimizing Treatment of Adolescents and Women with Epilepsy during Reproductive Years	Pompano/ Dolphin/Sailfish	Page Pennell, MD, FAES, FAAN, FANA
	9:15 a.m.	9:45 a.m.	Latest Therapeutics for Epilepsy	Pompano/ Dolphin/Sailfish	John Stern, MA, MD, FAES, FANA, FAAN
	9:45 a.m.	10:15 a.m.	BREAK	Amberjack, Bonita & Gallery/Foyer	
	9:45 a.m.	10:15 a.m.	EXHIBIT HOURS	Amberjack, Bonita & Gallery/Foyer	
	10:15 a.m.	10:45 a.m.	Early Diagnosis of Multiple System Atrophy	Pompano/ Dolphin/Sailfish	Amy Brown, MD, MS
	10:45 a.m.	11:15 a.m.	Practicing Evidence-Based Care for Women with Epilepsy during Pregnancy and Postpartum	Pompano/ Dolphin/Sailfish	Page Pennell, MD, FAES, FAAN, FANA
	11:15 a.m.	11:45 a.m.	Update on Functional Movement Disorders	Pompano/ Dolphin/Sailfish	Amy Brown, MD, MS
	11:45 a.m.	12:30 p.m.	Mystery Cases	Pompano/ Dolphin/Sailfish	Dane Chetkovich, MD, PhD
	12:30 p.m.	1:00 p.m.	Grab and Go Lunch	Amberjack, Bonita & Gallery/Foyer	

12:30 p.m.	1:00 p.m.	EXHIBIT HOURS	Amberjack, Bonita & Gallery/Foyer	
1:15 p.m.	3:00 p.m.	Exhibitor Load Out	Amberjack, Bonita & Gallery/Foyer	
4:30 p.m.	5:30 p.m.	Meet the Professor Topic: Epilepsy	Suite 0916	Page Pennell, MD, FAES, FAAN, FANA
5:45 p.m.	6:45 p.m.	Poster Session & Cocktail Hour	Veranda & Terrace	
7:00 p.m.	8:30 p.m.	Cases of Intrigue and Curiosity Dinner	Veranda & Terrace	Amy E. Brown, MD, MS Ashley Ghiaseddin, MD, FAAN Kyle Ruffing, MD, FAAN Sarah Zallek, MD, FAAN, FANA, FAASM, DipABLM
9:00 p.m.	11:00 p.m.	Hospitality Suite	Suite 0916	

Tuesday, January 20	START TIME	END TIME	SESSION	LOCATION	SPEAKERS
	8:15 a.m.	8:45 a.m.	Updates and Emerging Treatments in Neuro-Oncology	Pompano/ Dolphin/Sailfish	Ashley Ghiaseddin, MD, FAAN
	8:45 a.m.	9:15 a.m.	Latest in Alzheimer's Disease Therapeutics	Pompano/ Dolphin/Sailfish	James Eaton, MD
	9:15 a.m.	9:45 a.m.	Panel Discussion: 30 Ideas in 30 Minutes	Pompano/ Dolphin/Sailfish	Moderator: Sarah Zallek, MD, FAAN, FANA, FAASM, DipABLM
	9:45 a.m.	10:15 a.m.	BREAK	Gallery/Foyer	
	10:15 a.m.	10:45 a.m.	Burning Questions Answered: What's New in Small Fiber Neuropathy?	Pompano/ Dolphin/Sailfish	Kyle Ruffing, MD, FAAN
	10:45 a.m.	11:15 a.m.	Emerging Topics in Frontotemporal Dementia	Pompano/ Dolphin/Sailfish	James Eaton, MD
	11:15 a.m.	11:45 a.m.	Updates in Multiple Sclerosis: Diagnostic Criteria and Emerging Therapies	Pompano/ Dolphin/Sailfish	William Kilgo, MD, FAAN
	11:45 a.m.	12:15 p.m.	Timekeepers of the Brain: Circadian Regulation in Health and Disease	Pompano/ Dolphin/Sailfish	Flavia Consens, MD
	12:15 p.m.	12:30 p.m.	What Did You Learn?	Pompano/ Dolphin/Sailfish	Sarah Zallek, MD, FAAN, FANA, FAASM, DipABLM
	12:30 p.m.	1:00 p.m.	Grab and Go Lunch	Gallery/Foyer	



CNSA Membership Meeting Lunch

Sunday, January 18

12:30 p.m. – 1:15 p.m.

Location:

Pompano/Dolphin/Sailfish

All current and prospective members are encouraged to attend. Members will elect a new board of directors to serve 2026-2028.



Collect all exhibitor stamps during the Trivia Cocktail Hour for a chance to win a free night at the Jupiter Beach Resort & Spa.

Exhibit Hall Cocktail Hour & Neurology Trivia Dinner

Sunday, January 18

5:45 p.m. – 8:15 p.m.

• **Exhibit Hall Cocktail Hour**

5:45 p.m. – 6:45 p.m.

Location: **Amberjack, Bonita & Gallery/Foyer**

• **Neurology Trivia Dinner**

7:00 p.m. – 8:15 p.m.

Location: **Veranda & Terrace**



Collect the poster session stamp for a chance to win a free night at the Jupiter Beach Resort & Spa.

Poster Session & Cocktail Hour and Cases of Intrigue & Curiosity Dinner

Monday, January 19

5:45 p.m. – 8:30 p.m.

• **Poster Session & Cocktail Hour**

5:45 p.m. – 6:45 p.m.

Location: **Veranda & Terrace**

• **Cases of Intrigue & Curiosity Dinner**

7:00 p.m. – 8:30 p.m.

Location: **Veranda & Terrace**

Sponsored Lectures

Location: Pompano/Dolphin/Sailfish

Saturday, January 17

7:00 a.m. - 7:45 a.m.

New Possibilities in SMA Treatment for Adult and Pediatric Patients



SPEAKER

**Elizabeth Nguyen,
PharmD, MBA**

Medical Director, US
Neuromuscular/Rare
Disease
Novartis Pharmaceuticals

Monday, January 19

7:00 a.m. - 7:45 a.m.

Bone Health and Growth Data in Patients with DMD Treated with AGAMREE



SPEAKER

Edward Smith, MD

Adjunct Professor of
Pediatrics
Division of Pediatric
Neurology
Duke University Medical
Center & Medical Director,
Rare Disease Research, LLC

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About the Scientific Program

Target Audience

Contemporary Neurology 2026 is designed to provide practicing neurologists with the most up-to-date information for the diagnosis and management of patients with neurologic conditions. This meeting is designed primarily for practicing neurologists. Other health care providers that can benefit from this meeting include residents, fellows, physician associates, nurse practitioners, nurses, neurosurgeons, psychiatrists, social workers, doctors of pharmacy and neuropsychologists.

Program Overview

To be more capable of practicing at the standard of care, neurologists benefit from a better understanding of emerging diagnosis and treatment options for neuromuscular diseases; autonomic dysfunction; headache disorders; neuroimmunology conditions including autoimmune encephalitis; epilepsy; sleep disorders; stroke; Alzheimer's disease; cerebral amyloid angiopathy; neuro-oncology; and concussion. They also need a better understanding of the latest strategies for monitoring pediatric and adult patients with these conditions, the impact of social and structural inequities which contribute to cognitive decline in aging populations and approaches to promoting a more inclusive and equitable environment in neurology. This educational activity is designed to improve understanding and use of current clinical practice guidelines and recent research findings in the participant's practice.

Educational Objectives

- Apply emerging diagnostic and therapeutic strategies to improve the care of patients with neuromuscular diseases, autonomic dysfunction, headache disorders, neuroimmunologic conditions, epilepsy, sleep disorders, stroke, Alzheimer's disease, cerebral amyloid angiopathy, neuro-oncology, and concussion.
- Incorporate current clinical practice guidelines and recent research findings into the management of pediatric and adult patients with neurological disorders to enhance individualized, evidence-based care.
- Implement effective strategies for longitudinal monitoring of neurological conditions to optimize treatment response and disease progression tracking across diverse patient populations.

Program Agenda

An updated agenda and scientific program are available here:
<https://www.neuroamerica.org/wp-content/uploads/2026/01/CN26-SciProg-01112026.pdf>.

Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by Medical Education Resources (MER) and Clinical Neurological Society of America. MER is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.



Physician Credit

Medical Education Resources designates this live activity for a maximum of 21.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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MER Contact Information

For information about the accreditation of this program, please contact MER at info@cmepartner.org or 303-578-0416.

Instructions for Obtaining Credit

Participants of the live event will be able to claim credit up to a maximum of 21.5 AMA PRA Category 1 Credits™. In order to receive credit, participants must complete the meeting evaluation and credit claim application following the conclusion of the event. A link to the survey will be emailed to participants at the email address provided during registration. Statements of participation or credit will be emailed by Medical Education Resources, CNSA's CME provider, 4-6 weeks following the program. For Registration and Cancellation Policy information please click <https://merpcc.formstack.com/forms/afs2025>

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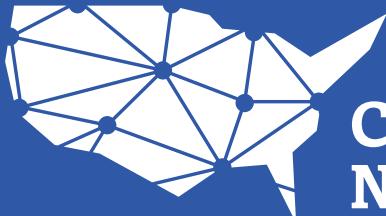
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Clinical Neurological Society of America

Established in 1974, the Clinical Neurological Society of America is a national organization of neurologists and other health care professionals practicing in clinical and academic settings. The primary purpose of CNSA is to improve clinical practice and patient care through education and thought leadership.

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**SAVE
THE DATE**

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